




**Chennai's premier option  
for all fertility & healthcare solutions**

 [www.bloomhospital.com](http://www.bloomhospital.com)

## ABOUT BLOOM FERTILITY & HEALTHCARE

Bloom Fertility & Healthcare, founded in 2009, is an ISO 9001:2008 certified (Entry level) certified Multi Speciality Hospital and have been accredited by the Indian Society for Assisted Reproduction (ISAR) and Indian Council of Medical Research (ICMR).

To date, we have successfully treated over 10,000 couples for infertility. Bloom Fertility & Healthcare Hospital is an accredited IVF Centre, and has been officially recognised as one of the best IVF centres in Chennai the Indian Society for Assisted Reproduction. Our aim is to ensure that every patient who walks into Bloom Fertility & Healthcare is given the highest levels of attention, treatment and service so as to ensure optimum health and well being.

## OUR VISION:

To establish Bloom Fertility and Healthcare as a 'Centre of Excellence' in women's health in India.

## OUR MISSION:

To provide healthcare of international standards

## OUR MOTTO:

Holistic healthcare at affordable cost.

## ADVANCED FACILITIES:

Bloom Fertility & Healthcare has advanced facilities to ensure that our patients receive the best of services in the following areas:

- Fertility
- Obstetrics
- Gynaecology
- Paediatrics
- Orthopaedics
- General Health  
(including Cardiology and Neurology)
- Diabetology
- General and Laparoscopic Surgery
- Anaesthesiology
- Nephrology and Urology
- Integrated Sexual Health
- Psychiatry and Counselling
- Dentistry
- Ayush Wellness



## THE MANAGEMENT TEAM:

**Dr. D. Gautham Sigamani, MBBS, M.S (Ortho)**  
Managing Director, Bloom Fertility & Healthcare Hospital

Dr. D. Gautham Sigamani is a post-graduate, with a specialisation in orthopaedics. Prior to founding of Bloom Fertility & Healthcare, he worked as Assistant Professor in SRM Medical Research Centre (SRM MRC). Dr. Gautham is also the Chairman of Surya Engineering College. He is also a Member of Parliament in the Rajya Sabha.

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**Dr. K.S. Kavitha Gautham, MBBS, MS(OG)**  
Medical Director, Bloom Fertility & Healthcare Hospital

Dr. K.S. Kavitha Gautham is a renowned obstetrician and gynaecologist, and a super specialist in reproductive medicine and high-risk obstetrics, with a post-graduate degree, diploma in reproductive medicine and training in gynaecological laparoscopy surgery. She has performed (around) 10,000 deliveries, 10,000 hystero laparoscopy surgeries and more than 5,000 IVF cycles to date.

She is a Life Member of the European Society of Reproductive Medicine & Indian Society of Reproductive Medicine, and All India Congress of Obstetrics & Gynaecology, Obstetric and Gynaecological Society of Southern India, Federation of Obstetric and Gynaecological Societies of India, and the Indian Medical Association. She is a Fellow of the Indian College of Obstetrics & Gynaecology and International Medical Science Academy, and FIMSA.

Dr. Kavitha has been the recipient of several awards, including the prestigious J.L. Javeri Award (AICOG, 2005), Excellence in Healthcare – Infertility & IVF Treatments award (The Chennai City ICON Awards, 2019), WONDER FOGSIAN award (FOGSI, 2019). She was the first doctor in South India to successfully conduct a water birth.



**Dr. D. Gautham Sigamani, MBBS, M.S (Ortho)**  
Managing Director,  
Bloom Fertility & Healthcare Hospital



**Dr. K.S. Kavitha Gautham, MBBS, MS(OG)**  
Medical Director,  
Bloom Fertility & Healthcare Hospital

## THE DEPARTMENTS AT BLOOM FERTILITY & HEALTHCARE:

### FERTILITY:

At Bloom, we provide specialist services for issues related to fertility, including reproductive medicine (prevention, diagnosis and treatment relating to getting pregnant and giving birth, improving and/or maintaining reproductive health), and andrology (male fertility and health, particularly problems relating to their reproductive system and urological problems).

We look into a wide range of issues relating to women's fertility and reproductive health, including menstruation, ovulation and pregnancy as well as gynaecological disorders. We also provide a full range of services for men, including evaluation of male fertility issues, sperm aspirations and extraction procedures, anastomosis procedures of vas and epididymis, counselling for ART and male uro-genital surgery.

### TEAM:

**Dr. K.S. Kavitha Gautham, MBBS, MS(OG)**

**Dr. S. Ashok Kumar, MBBS, MS (OG)** *Laparoscopic Surgeon (Obs & Gyn),  
Reproductive Endocrinologist (Infertility)*

**Dr Priya Kannan MM (Aus.), MCE (Aus.)**

**Mrs. Vijayalakshmi M.Sc (Microbiology) – Embryologist**

**Mr. Murugavel, Assistant Embryologist**

**Mr. Hemaraj, Assistant Embryologist**

**Mrs. Rajini Nandakumar, Counsellor**



Fertility:



## OBSTETRICS:

At Bloom, we take every step possible to ensure that every mother and child have a safe delivery. Should any complications arise (however small the chances), we are well equipped to handle it, given our comprehensive, 24X7 critical and multidisciplinary high-risk prenatal care for women and newborns. We also offer foetal obstetrics ultrasound (3D/4D) – NT Scan, target scan, foetal Doppler and growth scan.

We are working on providing a holistic way of birthing, and have options for labour naturale, natural birthing, hynobirthing and water birthing. We also provide caesarean and vacuum assisted birthing options, and provide self-hypnosis techniques to reduce pain during labour and childbirth. Our programmes include pre-conception and post-natal counselling, antenatal and postnatal exercises and lactational counselling.

## TEAM:

**Dr. K.S. Kavitha Gautham, MBBS, MS(OG)**

**Dr. Suthanthira Devi, MBBS, MD, DGO**

**Dr. Naseem Pervin, MRCOG, DNB(OG), FMAS, MBBS**

**Dr. Sathyapriya, MBBS, MS (ObGyn)**

**Dr. Ramya Viswanathan, MBBS, DNB, OBG**

## GYNAECOLOGY:

Gynaecology relates to the diagnosis and treatment of issues related to the uterus. We focus on problem areas for women in the following age-groups: Adolescents, reproductive age, peri-menopausal and post-menopausal.

### *Gynaecological procedures offered:*

- Colposcopic biopsy
- Cervical biopsies – Cryotherapy, cone biopsy
- Hysteroscopic endometrial resection
- Transabdominal hysterectomy
- Laparoscopic tubal sterilization / myomectomy
- Laparoscopic cyst removal
- Vaginal Hysterectomy

### *Gynaecology services offered:*

- Video colposcopy
- Breast cancer screening
- Cervical cancer screening / immunization
- Adolescent gynaecology
- Well women check-up
- Senior women check-up

## TEAM:

**Dr. K.S. Kavitha Gautham, MBBS, MS(OG)**

**Dr. Suthanthira Devi, MBBS, MD, DGO**

**Dr. Naseem Pervin, MRCOG, DNB(OG), FMAS, MBBS**





Obstetrics  
Gynaecology



## PAEDIATRICS:

At Bloom Fertility & Healthcare, we are committed to making sure that every child is given the best in attention and treatment, and that their parents' concerns are eased in the most comfortable way possible. We have a well-equipped Newborn Intensive Care Unit (NICU) that provides comprehensive level 2 care for critically ill newborns (both term and premature infants). We also provide specialist services for pre-term and term newborn infants who require intensive medical care.

## TEAM:

**Dr. D. Balakumaran, MBBS, M.D (Paediatrics)**

**Dr. A. Krishnakanth, MD - Physician , DCH (Paediatrician)**



Paediatrics



## ORTHOPAEDICS:

Our expert team of doctors are well trained and experienced in joint replacement (for hip and knee), spine surgeries and treatment of orthopaedic trauma. Most of our procedures are done as keyhole surgeries, which means minimal hospital stay and quicker recovery. We are also abreast of the latest medical trends in the treatment of arthritis, including stem cell therapy, platelet rich plasma injection and visco supplement for regeneration of cartilage, which help the patient to avoid surgical treatment.

## TEAM:

**Dr. K. Chittarangan, MBBS, MS**

**Dr. Kruba Ganesh R., MBBS., M.s Ortho**



Orthopaedics



### **GENERAL HEALTH: (INCLUDING CARDIOLOGY AND NEUROLOGY)**

At Bloom, we offer Outpatient (OP), Inpatient (IP) and Intensive care unit (ICU) services, as per the needs of the patient. Our OP service extends from management of common illnesses to speciality medical treatment for lifestyle diseases such as diabetes mellitus, hypertension and cardiometabolic syndromes, occupational / environmental related allergic respiratory diseases, digestive tract diseases (including liver disorders), neuro-psychiatric disorders, disorders of kidney and urinary tract, and musculo-skeletal disorders.

### **TEAM:**

**Dr. Aravindan R., MBBS, MD – General Medicine**

### **DIABETOLOGY:**

Diabetology is the branch of medicine that deals with diagnoses and treatment (medical and surgical) of issues arising due to irregular levels of blood sugar (hyper- and hypo-glycaemic levels), and the resultant complications that involve different organs.

### **TEAM:**

**Dr. Vijayalakshmi G.S. MS, F.Diab, DFH**



General Health  
Diabetology



## GENERAL AND LAPAROSCOPIC SURGERY:

General Surgery refers to the surgical treatment and correction of issues relating to abdominal organs, stomach, colon, liver, spleen and hernial orifices. Also known as 'key-hole' procedures, laparoscopy refer to the surgical treatment and correction of issues arising in the organs related to the abdomen, including stomach, colon, liver, spleen, uterus and hernial orifices.

Given our excellent ICU set-up, we can handle all forms of high-risk surgeries and provide peri-operative care for surgical patients – from newborns to octogenarians. With experienced consultants from all specialties and anaesthesiologist care 24/7, our ICU gives the best care a patient can get.

## TEAM:

**Dr. Ashok Kumar**, *MS (OG) DRM, FRM, FMAS*

**Dr. M. Vignesh**, *MBBS, MS (General Surgeon)*

**Dr. R. Balaji**, *MS (General Surgeon)*

## ANAESTHESIOLOGY:

Anaesthesiology is the branch of medicine through which we help a patient to undergo surgical procedures without experiencing any pain. Today, the field has grown beyond general and local anaesthesia and includes specialised services such as intensive care, labour analgesia, emergency medicine, pain medicine and more.

## TEAM:

**Dr. Vikram Prabu S.** *M.D., D.N.B., MNAMS*





General &  
Laparoscopic Surgery  
Anaesthesiology



## NEPHROLOGY AND UROLOGY:

At Bloom, we provide a wide range of services in the treatment (medical and surgical) of issues and diseases related to the kidneys, ureter, bladder and urethral diseases.

Our scope of services includes treatment for nephrotic syndrome, renal failure – AKI & CKD, diabetic nephropathy, hypertension, polycystic kidney disease, critical care nephrology, kidney and urinary tract infections, lupus nephritis, kidney transplant – counselling and kidney stone diseases. Our range of authorised procedures includes kidney biopsy, permcath insertion, temporary catheter insertion and arteriovenous fistula insertion. We also provide in-centre haemodialysis and emergency haemodialysis (24X7)/. The Tamil Nadu CM comprehensive Insurance Scheme is applicable to the haemodialysis treatments.

## TEAM:

**Dr. Neelakandan, MBBS, MSMCh, (AIIMS) Urology**

**Dr. Murugan Subramanian, MDDM**



Nephrology & Urology

## INTEGRATED SEXUAL HEALTH:

At Bloom, we bring together elements of sexual medicine and psychosexual therapy for holistic treatment. We focus on the individual and/or his or her partner's sexual difficulties (such as erectile dysfunction, premature/delayed ejaculation, vaginismus, loss of libido, desire discrepancy, relationship issues and compulsive behaviours) and the impact it has on them. Psychosexual therapy can be offered for both individuals (more so when a partner is unwilling to undergo therapy) and couples.

## TEAM:

**Dr. Vijayasarithi Ramanathan**, MBBS, MMed (Aus.), GradDip-SexHlth (Aus.), PhD (Aus.)  
FECSM (Eu.)

**Dr. T.R. Uma Vijayakumar**, BEd., MSc (ApplPsych), PhD

**Ms. Uma Maheswari**, BPT, MIAP – Physiotherapist



Integrated Sexual Health

## PSYCHIATRY AND COUNSELLING:

Issues relating to our mental and emotional state may not present signs that are as obvious on the surface as an injury (like a broken bone) – yet they are equally painful to the person suffering from them and as deserving of immediate treatment. At Bloom, we provide both psychiatry and professional counselling services, to help you handle and resolve the issues you face and come out of them as a healthy, happy individual.

## TEAM:

**Ms. Saras Bhaskar** – *Counsellor*

**Mrs. Rajini Nandakumar** – *Counsellor*

**Dr. C. Prarthana Saraswathi**, *MBBS, MD Psychiatry*



Psychiatry &  
Counselling

## DENTISTRY:

Our internationally trained team of specialised dentists provide specialised care, customised to the needs of our patient. Strict infection control protocols are followed and we have upgraded our treatment protocol in line with the world's leading technological advancements. Services offered include dental implants, cosmetic dental treatment, aesthetic dentistry, laser dentistry, oral surgery, dentures, periodontal treatment, preventive care dentistry and child dentistry.

## TEAM:

**Dr. G. Senthil Kumaran, MDS**

**Dr. Vidya, BDS**

**Dr. Revathy, BDS**

**Dr. Tamilarasi, BDS**





Dentistry

## AYUSH WELLNESS:

Our Ayush Wellness Centre brings together the best of ayurveda, yoga, naturopathy, unani, siddha and homeopathy to provide a holistic system of wellness. We specially focus on pre-natal, natal and post-natal aspects bring bringing in specially designed drugs from age-old Indian systems of medicines. Aysh Wellness treatments can also customised for gynaecological disorders, infertility (men and women), paediatric diseases, chronic orthopaedic ailments, occupational health issues, weight-related issues and cosmetology.

## TEAM:

**Dr. S. Elangovan, MD (S), PGDNYS, MBA**

**Dr. M. Manju Priya Darshini, B.S.M.S, BSc (Psy), MSc (Varmam), PG Dip (PKT), M.D (Acu)**



Ayush Wellness

## THE TEAM AT BLOOM FERTILITY & HEALTHCARE:

### FERTILITY:

**Dr. K.S. Kavitha Gautham, MBBS, MS(OG)**

Dr. K.S. Kavitha Gautham is a renowned obstetrician and gynaecologist, and a super specialist in reproductive medicine and high-risk obstetrics, with a post-graduate degree, diploma in reproductive medicine and training in gynaecological laparoscopy surgery. She has performed (around) 10,000 deliveries, 10,000 hystero laparoscopy surgeries and more than 5,000 IVF cycles to date. She was the first doctor in South India to successfully conduct a water birth.

**Dr. S. Ashok Kumar, MBBS, MS (OG) Laparoscopic Surgeon (Obs & Gyn), Reproductive Endocrinologist (Infertility)**

**Dr. Priya Kannan MM (Aus.), MCE (Aus.)**

**Mrs. Vijayalakshmi M.Sc (Microbiology) – Embryologist**

**Mr. Murugavel, Assistant Embryologist**

**Mr. Hemaraj, Assistant Embryologist**

**Mrs. Rajini Nandakumar – Counsellor**

### OBSTETRICS:

**Dr. K.S. Kavitha Gautham, MBBS, MS(OG)**

**Dr. Suthanthira Devi, MBBS, MD, DGO**

**Dr. Naseem Pervin, MRCOG, DNB(OG), FMAS, MBBS**

**Dr. Sathyapriya, MBBS, MS (OBGYN)**

**Dr. Ramya Viswanathan, MBBS, DNB, OBG**

### GYNAECOLOGY:

**Dr. K.S. Kavitha Gautham, MBBS, MS(OG)**

**Dr. Suthanthira Devi, MBBS, MD, DGO**

**Dr. Naseem Pervin, MRCOG, DNB(OG), FMAS, MBBS**

## PAEDIATRICS:

**Dr. D. Balakumaran, MBBS, M.D (Paediatrics)**

Dr. Balakumaran is a Pediatrician and Neonatologist with around 10 years of experience in the field. He was a Gold medallist in his MD course, and has worked with well-known tertiary care hospitals.

**Dr. A. Krishnakanth, MD – Physician, DCH (Paediatrician)**

## ORTHOPAEDICS:

**Dr. K. Chittaranjan, MBBS, MS**

Dr. K. Chittaranjan is an Orthopaedist and Traumatology Specialist with over 15 years of experience. He is the head of the Orthopaedics Department at Bloom Fertility & Healthcare. He is a member of the Indian Medical Association (IMA).

**Dr. Kruba Ganesh R., MBBS., M.s Ortho**

## GENERAL HEALTH: (INCLUDING CARDIOLOGY AND NEUROLOGY)

**Dr. Aravindan R., MBBS, MD – General Medicine**

Dr. Aravindan did his post graduation in MD General Medicine, and has served as an Assistant Professor. He is a member of the Indian Medical Association and Association of Physicians India.

## DIABETOLOGY:

**Dr. Vijayalakshmi G.S. MS, F.Diab, DFH**

## GENERAL AND LAPAROSCOPIC SURGERY:

**Dr. Ashok Kumar, MS (OG) DRM, FRM, FMAS**

**Dr. M. Vignesh, MBBS, MS (General Surgeon)**

**Dr. R. Balaji, MS (General Surgeon)**

**The Team**

## ANAESTHESIOLOGY:

**Dr. Vikram Prabu S. M.D., D.N.B., MNAMS**

Dr. Vikram Prabu has six years of experience in anaesthesia and intensive care. He specialises in regional anaesthesia (nerve locator and ultra sound guided nerve blocks) and labour analgesia. Dr. Vikram has rich experience in anaesthetising high-risk and elderly patients for orthopaedic and laparoscopy procedures, and for Out of OT procedures such as electro convulsive therapy, MRI and dental procedures, and in trauma and neuro care ICU. He is the current Joint Secretary of the Indian Society of Anaesthesiology, Chennai City Branch.

## NEPROLOGY AND UROLOGY:

**Dr. Neelakandan, MBBS, MSMCh, (AIIMS) Urology**

**Dr. Murugan Subramanian, MDDM**

## INTEGRATED SEXUAL HEALTH:

**Dr. Vijayarathi Ramanathan, MBBS, MMed (Aus.), GradDip-SexHlth (Aus.), PhD (Aus.) FECSM (Eu.)**

Dr. Vijayarathi Ramanathan is a registered medical practitioner (in India), and has obtained triple post-graduate qualifications. He has over 10 years of experience in the field of sexual medicine/health in both clinical and academic capacities. He is a Lecturer in the field of Sexual Health at the University of Sydney, Australia, and a Fellow of the European Committee of Sexual Medicine.

**Dr. T.R. Uma Vijayakumar, BEd., MSc (ApplPsych), PhD**

**Ms. Uma Maheswari, BPT, MIAP – Physiotherapist**

## PSYCHIATRY AND COUNSELLING:

**Ms. Saras Bhaskar – Counsellor**

Ms. Saras Bhaskar has several years of Psychological Counselling and HR Management experience. She offers individual, family, pre-marriage and marriage counselling, and handles clients with mental, emotional, and behavioural disturbances, and has vast experience in dealing with adolescents. Ms. Saras was the founder of the Chennai Counsellors Foundation (CCF), which provides a platform for counselling professionals to share knowledge, expertise, provide cross-referrals and train for growth and advancement.

**Mrs. Rajini Nandakumar – Counsellor**

**Dr. C. Prarthana Saraswathi, MBBS, MD Psychiatry**

## DENTISTRY:

### **Dr. G. Senthil Kumaran, MDS**

Dr. G. Senthil Kumaran has over 11 years of experience, and specialises in the root canal treatments, cosmetic dentistry and laser dentistry. He was the recipient of the Achievement Award in 2014. Dr. Senthil is the Lead Clinician at the Dentistry Department at Bloom Fertility & Healthcare. He is a life member Indian Association of Conservative Dentistry and Endodontics (IACDE), Executive Committee member of the Conservative Dentistry and Endodontic Association of Tamil Nadu (CEAT) and Indian Academy of Laser Dentistry (IALD).

### **Dr. Vidya, BDS**

### **Dr. Revathy, BDS**

### **Dr. Tamilarasi, BDS**

## AYUSH WELLNESS:

### **Dr. S. Elangovan, MD (S), PGDNYS, MBA**

Dr. S. Elangovan has completed his MD in Siddha (Paediatrics) and MBA in Hospital Management. He has added qualifications in yoga and naturopathic sciences, and psychological counselling. Dr. Elangovan has over 10 years of experience in siddha medicine treatment and is well versed in quality control and manufacturing of Ayurvedic and siddha medicines on a large scale as well as making of new formulations. He is Vice-President – Administration at Bloom Fertility & Healthcare.

### **Dr. M. Manju Priya Darshini, B.S.M.S, BSc (Psy), MSc (Varmam), PG Dip (PKT), M.D (Acu)**



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